

TOP MULTI

Organic Life Vitamins® (OLV)—the liquid that introduced the multinutrient category

- **Organic aloe vera**

This functional food contains more than 200 amino acids, vitamins, antioxidants, minerals, enzymes and sterols. Aloe is an integral part of Traditional Chinese and Ayurvedic Medicine. OLV includes biologically active organic ACTiValoe®, giving you 4.5 g of aloe vera in each serving.

- **24 organic veggies and fruits**

Includes organic superfruits noni, açai, goji and pomegranate, along with organic antioxidant veggies and fruits.

- **Vitamins and minerals**

In addition to key vitamins, each serving of OLV contains 450 mg of ConcenTrace® full-spectrum trace mineral complex.

- **Multinutrient**

OLV incorporates amino acids, MSM (OptiMSM®), chromium and selenium (Selenium SeLECT®).

- **Organic flavors**

OLV is flavored with organic fruit flavors and sweetened with organic stevia and organic agave nectar.

GLUTEN FREE	VEGETARIAN
NON-GMO	FUNCTIONAL FOOD
FAST ABSORPTION	ORGANIC FLAVORS

Supplement Facts

Serving Size: 1 fl oz / 30 ml Servings per Container: 30

Amount per Serving		% Daily Value
Calories	15	
Total Carbohydrates	3.6 g	1.2%†
Sugars	1 g	
Vitamin A (as retinyl palmitate, beta-carotene (50%))	5,000 IU	100
Vitamin C (as ascorbic acid)	180 mg	300
Vitamin D ₃ (as cholecalciferol)	800 IU	200
Vitamin E (as d-alpha tocopheryl acetate)	250 IU	830
Thiamin (as vitamin B ₁)	6.5 mg	433
Riboflavin (as vitamin B ₂)	7 mg	411
Vitamin B ₆ (as pyridoxine HCl)	8.4 mg	420
Folate (as folic acid)	400 mcg	100
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	1,666
D-Biotin	300 mcg	100
Pantothenic Acid (as d-calcium pantothenate)	20 mg	200
Magnesium (from ConcenTrace® trace mineral complex)	35 mg	8.7
Zinc (from zinc picolinate)	15 mg	100
Selenium (as L-selenomethionine, Selenium SeLECT®)	200 mcg	285
Chromium (from chromium picolinate)	200 mcg	166
Aloe Vera Juice, organic (ACTiValoe®)	4.5 g	*
Mineral Complex (ConcenTrace® trace mineral complex)	450 mg	*
Organic Natural Vitality Superfruit, Veggie and Fruit Antioxidant Blend	200 mg	*
Organic superfruits: Açai, noni, goji, pomegranate		
Organic veggies: Beets, broccoli, carrot, collard greens, kale, peas, pumpkin, spinach, tomato		
Organic fruits: Apple, banana, blackberry, blueberry, cranberry, mango, orange, pineapple, raspberry, strawberry, tart cherry		
Proprietary Natural Vitality Amino Acids Blend	50 mg	*
L-arginine, L-glutamic acid, L-proline, L-alanine, L-aspartic acid, L-glutamine, L-lysine, L-serine, L-leucine, L-valine, L-threonine, L-phenylalanine, L-tyrosine, L-methionine, L-isoleucine, L-histidine, L-cystine		
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
Methylsulfonylmethane (OptiMSM®)	50 mg	*
Hesperidin (from bioflavonoids)	40 mg	*

* Daily Value not established † Percent Daily Values based on a 2,000-calorie diet

Other ingredients: purified water, vegetable-source glycerin, organic agave nectar, natural organic raspberry flavor, other natural flavors, organic stevia extract, citric acid, malic acid, organic acacia gum, potassium sorbate and sodium benzoate (to preserve freshness), xanthan gum, natural organic cranberry flavor.



Life Nourished!

For more information, visit www.petergillham.com and www.naturalvitalitysports.com.

Available at



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Organic Life Vitamins is an energy-packed **multi-nutrient**—more than a multi-vitamin. *Organic Life Vitamins* is a **liquid revolution** in daily nutrition—a new generation in multis! It's a convenient, great-tasting and economical way to get premium nutrition your body can use every day.

The Liquid Revolution

No matter how good the vitamin or mineral supplements are that you start with, they are only as good as they are *bioavailable*. Supplements must be absorbed and *assimilated into the body* and be *available* at the proper area in order to be of use. All pills and capsules have to dissolve into liquid form *before* they can be absorbed and assimilated. Some people with weaker digestive systems (and digestive ability often weakens with age) don't fully break these down and the result is only partial or no absorption, so the pill or capsule doesn't do much, if any, good.

At Natural Vitality we begin with liquid. There is nothing to break down. The nutrients are naturally engineered for bioavailability. For those who have trouble swallowing pills and capsules, a liquid avoids this problem altogether. You also get fast action, as you don't have to wait for supplements to be digested.

Organic Life Vitamins is a food-based blend of

24 Organic Fruits and Veggies

Fruits and vegetables are fundamental nutritional factors in a healthy diet. *OLV* incorporates organic **superfruits** (pomegranate, açai, goji and noni) and **fruits** (apple, banana, blackberry, blueberry, cranberry, mango, orange, pineapple, raspberry, strawberry and tart cherry), plus organic **vegetables** (beets, broccoli, carrot, collard greens, kale, peas, pumpkin, spinach and tomato). We took extra care to use organic produce to ensure no pesticide, herbicide or fungicide residues, chemical fertilizers or genetically modified ingredients were included in our formula.

Organic ACTiValoe® Aloe Vera

This top-of-the-line aloe vera is guaranteed to retain biological activity. Aloe is a source of more than 200 beneficial active compounds, providing, among other things, a food-based organic source of naturally occurring vitamins, minerals, amino acids and enzymes.

Essential Vitamins

Organic Life Vitamins provides a range of important vitamins, including A, B vitamins, C, D and E.



ConcenTrace® Trace Mineral Complex

Organic Life Vitamins features a top-quality full spectrum of ionic (having molecular charge that allows the element to easily bond with water) trace minerals in a low-sodium formulation, many times more powerful than other liquid trace minerals.

Trace minerals help assimilate vitamins and have a host of other benefits, from increased energy and vitality to supporting circulatory health, bones and joints and providing nourishment for hair and skin.

Amino Acids

An exciting plus that comes as part of *Organic Life Vitamins* is the incorporation of the Natural Vitality Amino Acids Blend. Amino acids are known as the “building blocks” of the body.

OptiMSM®

Methylsulfonylmethane (MSM) is a naturally occurring sulfur compound that supports healthy, active lifestyles

and benefits multiple structures and functions within the body, including connective tissues and the respiratory system. OptiMSM is premium distilled MSM manufactured to the most stringent product specifications and rigorously third-party tested to ensure purity. Clinical research confirms that OptiMSM is effective.

Chromium Picolinate

Chromium is essential for a healthy metabolism, especially as you get older. It helps promote healthy blood sugar, fight food cravings and support heart health.

USDA research indicates that the average American's diet doesn't provide enough of this essential nutrient.

Selenium SeLECT®

Selenium is an essential trace element and a high-powered antioxidant that can help neutralize “free radicals” that may lead to severe cell damage. Selenium SeLECT is a clinically proven organic compound that is rapidly and completely absorbed from the gastrointestinal tract, unlike inorganic forms of selenium.

The Energy to Enjoy Life

With *Organic Life Vitamins*, you can meet many of your daily nutritional needs in one easy—and good-tasting—sip (or mix it with juice or a protein shake). *OLV* also comes in convenient single-serving Nutri Packs for travel, purse, backpack or office. *OLV* is designed to work perfectly with our best-selling, award-winning *Natural Calm*® line of magnesium supplements. You deserve the best. That's why we've put the best in *OLV*—and in quantities that will be effective, not just look good on a label. Join The Liquid Revolution and get naturally energized!

